



DEPARTMENT OF THE NAVY



NEWSLETTER

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COMBINED FEDERAL CAMPAIGN



Show Some Moves Challenge 2016 Campaign Contest

The third "Show Some Love" day takes place on Nov. 1, and challenges you to "Show Some Moves" in support of the campaign by sharing a video of your best dance moves on social media using #ShowSomeMovesCFC.

The "Show Some Moves Challenge" is a great opportunity to have fun while raising awareness for the campaign.

How to Get Involved:

Pull out your best dance moves and encourage your colleagues to do the same.

Record and share a short video of yourself showing off your best spin, strut or shimmy on social media using #ShowSomeMovesCFC. Be sure to tag your department or agency and the CFCNCA in the post!



Quote of the Week

"Remember that the happiest people are not those getting more, but those giving more."

-H. Jackson Brown, Jr.

Don't forget to submit your entry for the 2016 Campaign Contest. Share your creative ideas for implementing the campaign within your department or agency.

The CFC Campaign Contest recognizes individuals, reporting units, departments and agencies that demonstrate the Show Some Love theme and support the goals of the campaign.

Click below for more information



Finding Grace Through Transformation A CFC Success Story

When Shawn was honorably discharged from the Army in 1992, after serving four years with the 82nd Airborne, he moved back to Maryland, without much of a plan. He was living with his aunt and working at a fast food restaurant. Frustration led him to experiencing trouble, he ran into trouble with the law and was arrested for stealing.

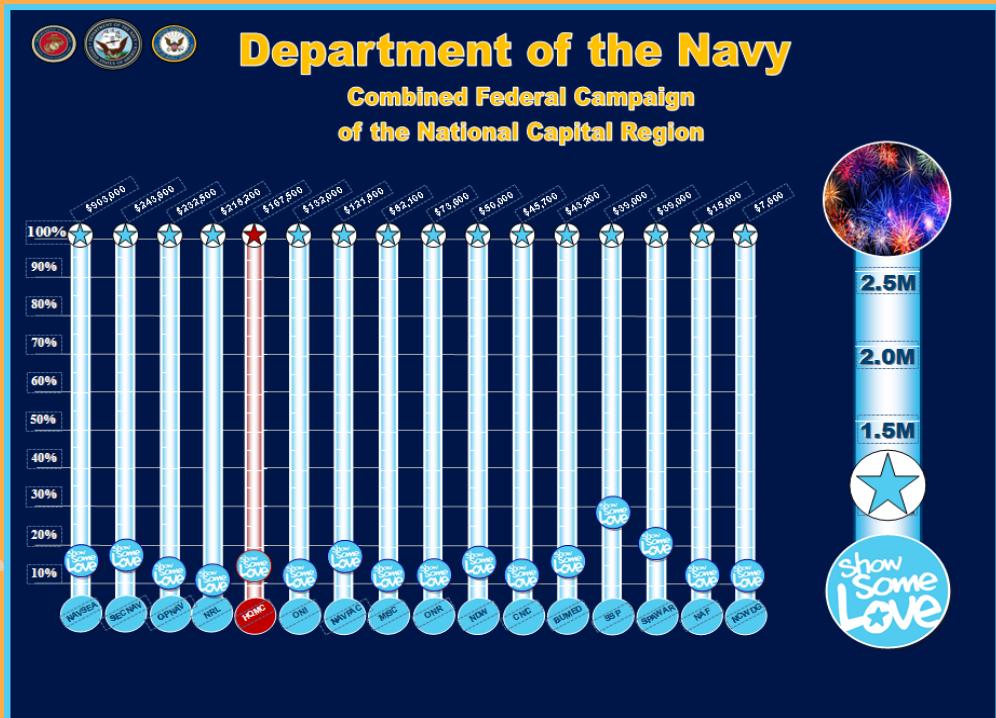


Months after his incarceration, Shawn joined a CFC-supported mission to help rebuild his life. Today, Shawn has transformed and is a husband and father with the stability he needs to help transform others who have similar backgrounds.

Cause of the Week:
Housing and Shelter



Navy Reaches for \$2.5 Million



Go Navy!



The Bulletin Board

How to Give Online

Giving online is safe, minimizes errors, lowers costs and reduces paper waste. Follow these steps to find the right online giving platform for you:

- Click the red **DONATE** button at cfcnca.org.

Your payment options for the three online giving platforms are as follows:



- Payroll Deduction*
- Credit/Debit Card One-Time
- Credit/Debit Card Recurring
- eCheck One-Time
- eCheck Recurring

*The availability of and the platform for online payroll deduction will vary based on the donor's agency.

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- View and select your online giving platform (determined by agency and payment preference).

Upcoming Events

November 1 [Show Some Moves Challenge](#)

November 21 [Celebrate Thanksgiving with a Random Act of Kindness](#)

November 29 [Giving Tuesday](#)

December 1 [Campaign Contest Begins](#)



"Children are our future. They need to be nurtured, educated, protected and loved. The CFC provides an easy avenue to donate to your favorite charity and support causes like caring for our children."

- Cecilia Madan, U.S. Department of Transportation

Choose your cause at cfcnca.org and show some love today.



To learn More About the CFC visit:



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